Whether you’re traveling for five days or five weeks, here’s what you’ll need to bring. Remember to pack light to enjoy the sweet freedom of true mobility. Happy travels!

**CLOTHING**

- Shirts (up to 5, long- and short-sleeve)
- Pants/shorts (2)
- Underwear and socks (5)
- Shoes (1-2)
- Sweater/lightweight fleece
- Jacket (water-resistant)
- Tie or scarf
- Swimsuit
- Sleepwear/loungewear

**DOCUMENTS, MONEY & TRAVEL INFO**

- Money belt or neck wallet
- Debit card (for ATM withdrawals)
- Credit card(s)
- Emergency stash of hard cash (in $20 bills)
- Passport
- Plane/train/rental car documents + vouchers
- Driver’s license
- Student ID/hostel card
- Hotel confirmation emails
- Health/travel insurance info
- Guidebooks and maps
- Notepad and pen
- Journal
- Small day pack

**TOILETRIES**

- Toiletries kit with soap, shampoo, toothbrush, toothpaste, floss, deodorant, sunscreen, hand sanitizer
- Medicines and vitamins
- First-aid kit
- Glasses/contacts/sunglasses (with prescriptions)
- Sealable plastic baggies
- Laundry soap
- Clothesline
- Small towel/washcloth
- Travel alarm/wristwatch
- Sewing kit
- Small packet of tissues
- Earplugs
- Hairdryer

**ELECTRONICS**

- Smartphone/mobile phone
- Digital camera
- Tablet, ereader, or portable media player
- Laptop
- USB flash drive
- GPS device
- Headphones/earbuds
- Chargers and batteries
- Plug adapter(s)

**OPTIONAL BRING-ALONGS**

- Picnic supplies
- Water bottle
- Fold-up tote bag
- Small flashlight
- Small binoculars
- Inflatable pillow
- Duct tape
- Insect repellent
- Tiny lock
- Universal drain-stopper
- Office supplies
- Address list
- Postcards/photos from home
- Book
- Gifts
- Hostel sheet

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If you plan to carry on your luggage, note that all liquids must be in three-ounce or smaller containers and fit within a single quart-size baggie. For details, see https://www.tsa.gov/travel.